

My HealthVet Update

Personal Health Record

Health Systems Committee

**Kathleen Charters on behalf of
Theresa Hancock, Director
Veterans Health Administration**
Office Health Information, CHIO
Veterans & Consumers Health
Informatics Office

May 21, 2009

www.myhealth.va.gov

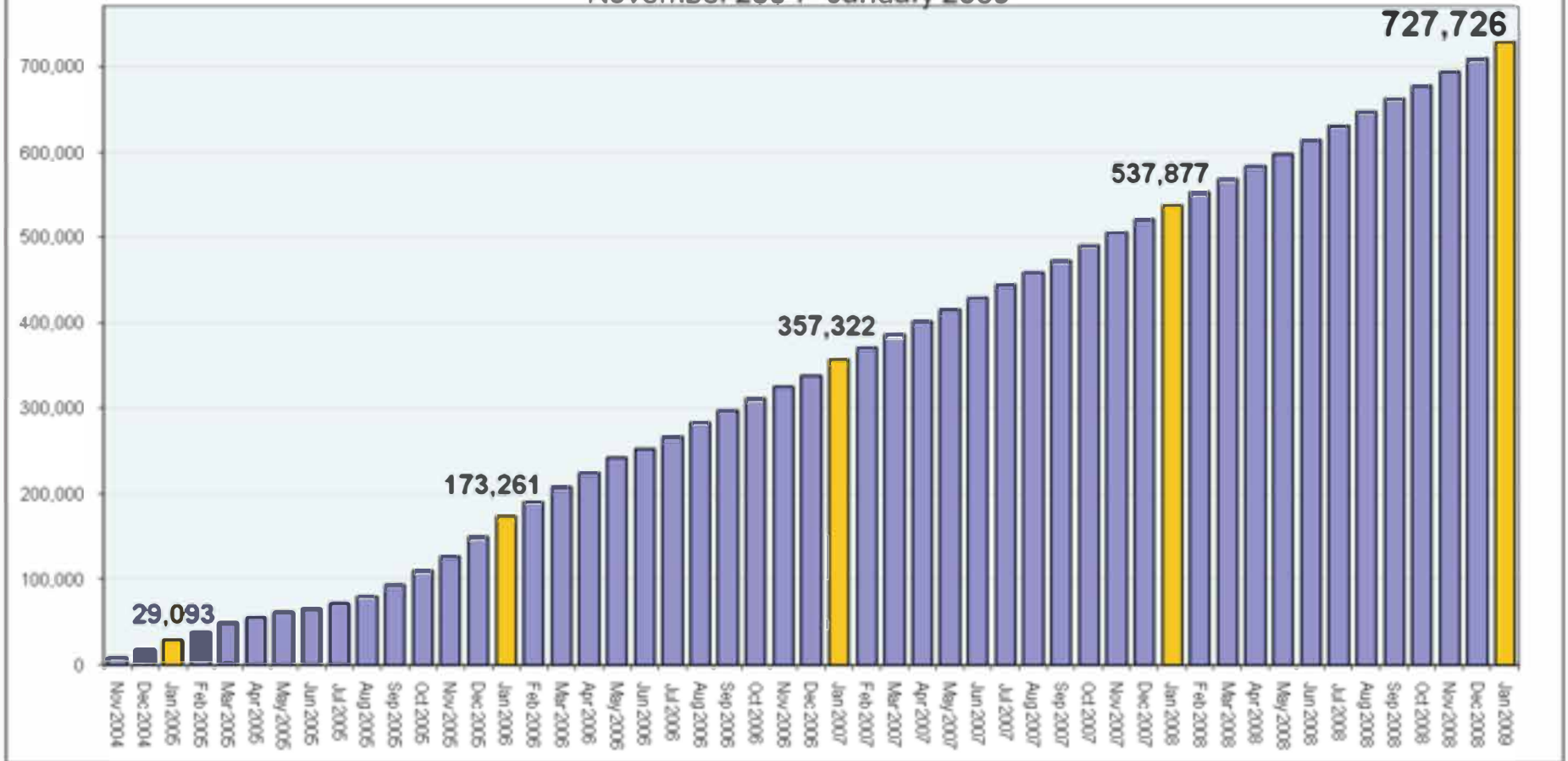
3-Tier Access Model:

- **Visitors**
 - **Registrants**
 - **In Person Authenticated (IPA)**
-
- **Over 744,000 registered users (74% are VA patients)**
 - **Over 107,000 users have been In Person Authenticated**
 - **Over 26 Million visits**
 - **January 09: nearly 19,000 new accounts, more than 880,000 visits**



My HealthVet Registrations

727,726 My HealthVet Accounts
November 2004 - January 2009

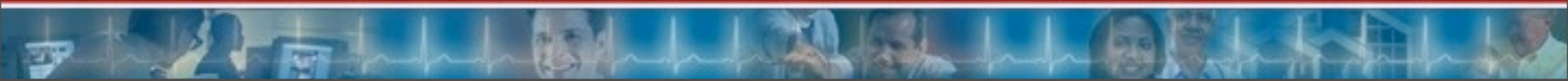
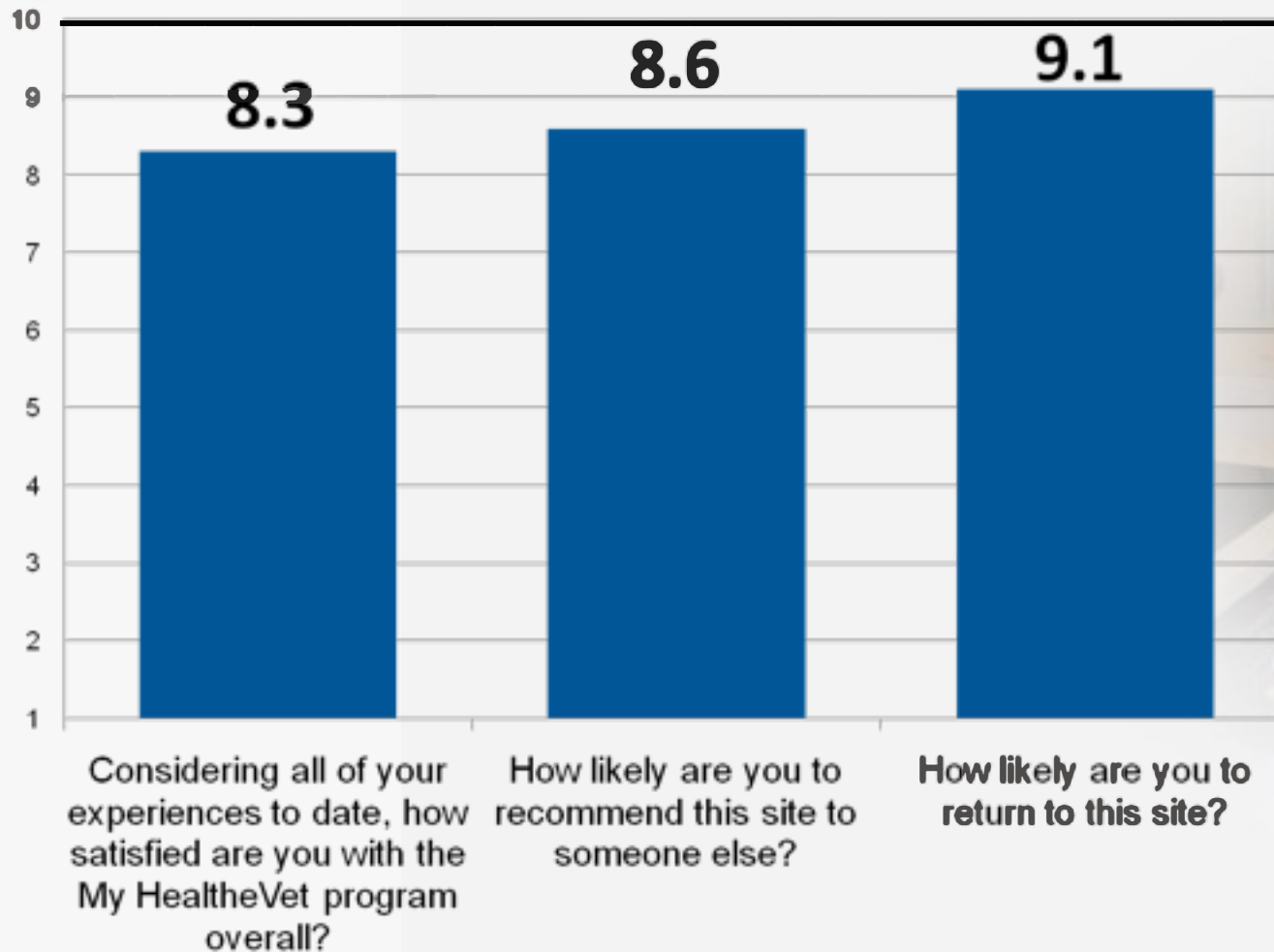


**Most Rx Refills
Processed
in a single Day:
Dec. 26, 2008
19,095 Refills**

**Most Rx Refills
Processed
in a single Month:
January 2009
377,245 Refills**



My HealthVet Satisfaction (ACSI)





My HealtheVet Wellness Reminders

**VA Electronic
Health Record
(EHR)**



**My HealtheVet
Personal Health
Record (PHR)**

VistA Clinical Reminders



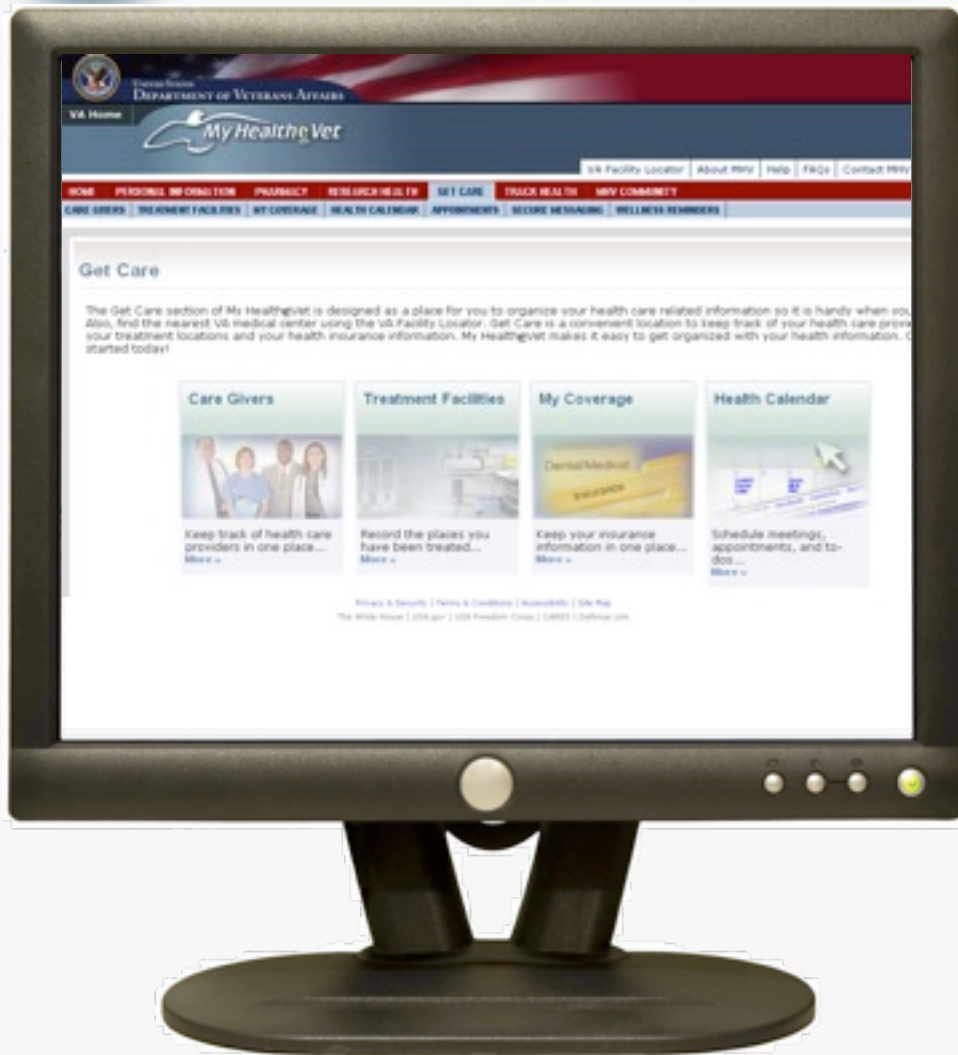
MHV Wellness Reminders

- 12 basic reminders for preventive care and screening
- Reminders evaluate VistA data (health factors and lab tests) and trigger patient-friendly wellness reminders for display in the My HealtheVet PHR
- Link to health education resources

*Veteran must be
In Person Authenticated



My HealthVet Wellness Reminders

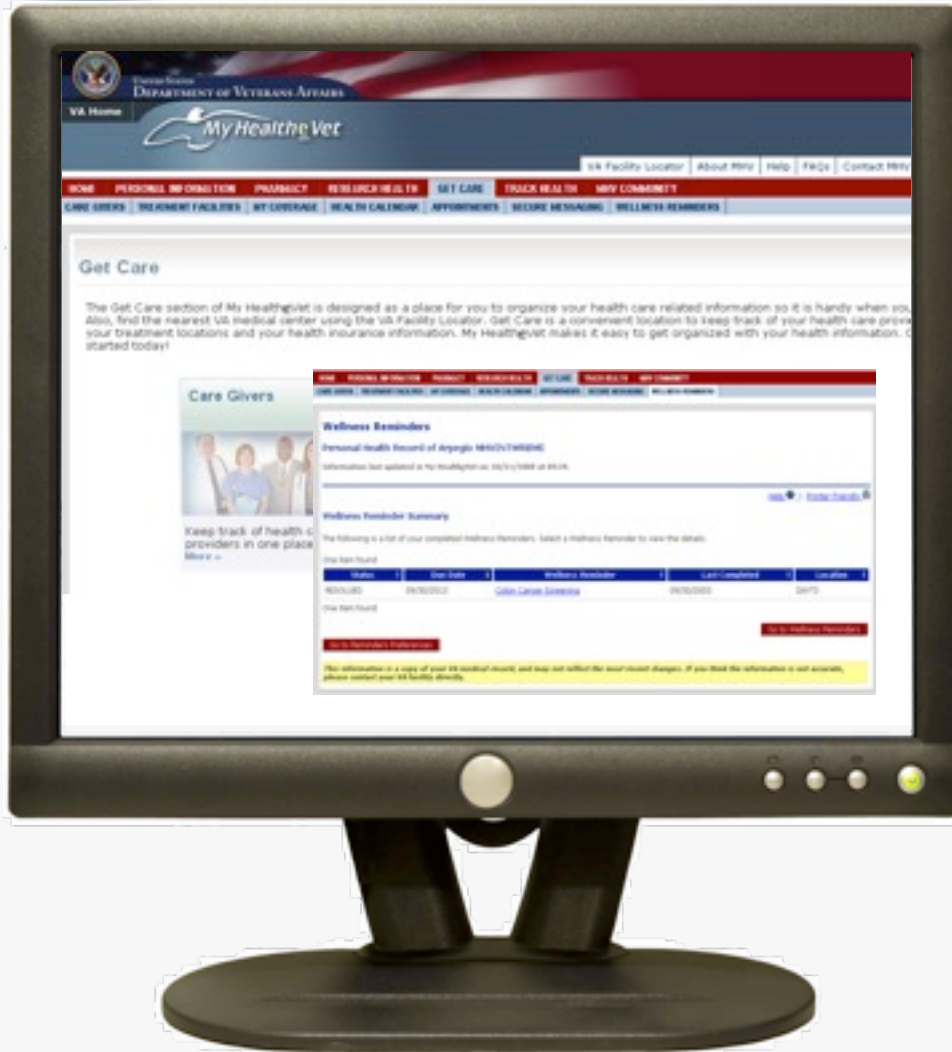


1. Hypertension
2. Influenza Vaccine
3. Pneumococcal Vaccine
4. Colorectal Cancer Screening
5. Lipid Measurement
6. LDL Control
7. Body Mass Index (BMI)>25.0
8. Diabetes Foot Exam
9. Diabetes Hemoglobin A1C
10. Diabetes Retinal Exam
11. Mammography Screening
12. Cervical Cancer Screen

- Empower patients
- Improve access to information
- Promote patient and health care team collaboration
- Improve health outcomes



My HealthVet Wellness Reminders



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My HealthVet Wellness Reminders

CARE GIVERS | TREATMENT FACILITIES | MY COVERAGE | HEALTH CALENDAR | APPOINTMENTS | SECURE MESSAGING | WELLNESS REMINDERS

We are updating your Wellness Reminders information ...
 Updates to your data are still in progress.
 Please refresh this screen or check back later.

[Refresh](#)

Wellness Reminders

Personal Health Record of Arpegio MHVINTWRBMI

Information last updated in My HealthVet on 10/10/2008 at 10:19.

[Help](#) | [Printer Friendly](#)

! The following Wellness Reminders are either due now or past due. If you are a patient at more than VA facility, you may receive duplicate Wellness Reminders. Please notify your VA provider if any Wellness Reminders listed have been completed.

- [Influenza Vaccine](#)
- [Control of Your Cholesterol](#)
- [Pneumonia Vaccine](#)
- [Body Mass Index >25](#)
- [Hypertension \(High Blood Pressure\)](#)

Ask your doctor about these Wellness Reminders.

Wellness Reminder Summary

The following is a list of your Wellness Reminders. Select a Wellness Reminder to view the details.

5 items found, displaying all items

	Due Date	Wellness Reminder	Last Completed	Location
!	DUE NOW	Body Mass Index >25	UNKNOWN	DAY3
!	DUE NOW	Control of Your Cholesterol	UNKNOWN	DAY3
!	DUE NOW	Hypertension (High Blood Pressure)		DAY3
!	DUE NOW	Influenza Vaccine	UNKNOWN	DAY3
!	DUE NOW	Pneumonia Vaccine	UNKNOWN	DAY3

5 items found, displaying all items

[Go to Completed Wellness Reminders](#)

[Go to Reminders Preferences](#)





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Wellness Reminders

You are viewing health Wellness Reminder information that was entered by your VA Facility.

Reminder:	Body Mass Index >25
Due Date:	DUE NOW
Last Completed:	UNKNOWN
Location:	DAYTC

Reminder Information:

The more excess weight a person carries, the higher the risk of health problems. Excess weight leads to heart disease, diabetes, high blood pressure, stroke, some forms of cancer, osteoarthritis, sleep apnea, lower quality of life, and shorter life expectancy. Overweight is measured by the Body Mass Index (BMI), which is a measure of weight for height. A BMI of 25 to 29.9 is considered "overweight" - above 30 is considered "obese".

Your BMI is between 29 and 31. This means that you are likely carrying too much weight for your height. Please discuss with your primary care team any questions you have about resources available to you to help you keep your weight down.

Computed Finding: BMI = 29.3 (05/07/2008)

Please check these web sites for more information:
[Step One: Managing Obesity for Veterans & Dependents \(DCHV\)](#)
[LPI: \[http://www.va.gov/opa/whp/obesity\]\(#\)](#)
[National Center for Health Promotion](#)
 Web Site: Calculate your own BMI
[http://www.nlm.nih.gov/medlineplus/weightloss/bmi.html](#)





CPRS My HealtheVet Button

**VA Electronic
Health Record
(EHR)**



**My HealtheVet
Personal Health
Record (PHR)**



- Synchronization of My HealtheVet account with VA Master Patient Index
- CPRS Header will contain MHV Button Indicator for EHR of authenticated My HealtheVet users
- MHV Button links to My HealtheVet website for easy access



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MHV F... VistaWeb No Postings

Remote Data

Postings
No Patient Postings Found.

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My HealthVet Secure Messaging



Secure Messaging is a new eHealth clinical service that includes an online tool for secure electronic communication between VA patients and their health care teams.

- Available at a limited number of sites following initial field testing; currently planning for further expansion
- Integration with clinical workflow is critical to enable effective processes
- Only for non-urgent communication
- Veterans can request appointments, prescription renewals, ask health or administrative questions, etc.
- Health care team responds within 3 business days
- Veterans can receive notifications of new secure messages via email
- Veterans must be In Person Authenticated to participate



My HealthVet Feature Releases

Near-Term My HealthVet Releases:

- **Wellness Reminders – released 3/25/09**
- **CPRS MHV Button Indicator for Clinicians**
- **New Healthy Living Centers**
- **Secure Messaging Ongoing Deployment**

Medium-Term My HealthVet Releases

- **My Recovery Plan Joint Health Goals with Provider**
- **View VA Appointments and Notifications**
- **Additional PHR Extracts (e.g. Vitals, Labs, Co-Pay Balances, etc.)**
- **CPRS View of Veteran Self-Entered Data**
- **Delegate Access to Others**
- **Improved Reports Function**

Long-Term Releases Include:

- **Personalization of MHV look and feel**
- **Drug Interaction Checking**
- **Advanced Clinic Check-in**



My HealtheVet In the News



JAN/FEB 2008



JUNE 2008



SEPT 2007



1st place PHR Award



Best Practice in Consumer Empowerment and Protection
Health Information Technology
Gold Award (2008)



2008 CIO 100 Awards:
100 companies that are creating new business value by innovating with technology



"TOP 5"
EXCELLENCE.GOV
Award Winner (2007)



Winter 07-08
My HealtheVet Commercial Wins Platinum Best of Show Aurora Awards



2007 GCN
IT Leadership Award Winner





My Health, My Care: 24/7 ^{Online} Access to VA

Wellness Reminders Clinical Adoption Toolkit & PR Materials Available at the My Health eVet Product Website at: <http://vaww1.va.gov/MyHealtheVet> under Communications and Promotions.